



Silver #10 Eastern Regional
Hosted by: St. Lawrence Speed Skating Club
Brockville, Ontario



AGE CLASS ABILITY MEET

Date: Saturday, February 11, 2012

Location: Brockville Memorial Civic Centre, Magedoma Blvd, 613-342-8775

Sanctioned By: The Ontario Speed Skating Association

Check In: Saturday, February 11, 2012 Brockville Memorial Centre, 7:15-7:45 am
Please register and check in by Club only

Coaches & Officials Meeting: **February 11, 2012 in the Memorial Hall, 8:15 am**

Warm Ups: **Starting at 8:00 am, racing to follow**

Entry Fee: **\$40.00 per skater, \$100 per family**
Club Cheques only, made payable to: St. Lawrence Speed Skating Club

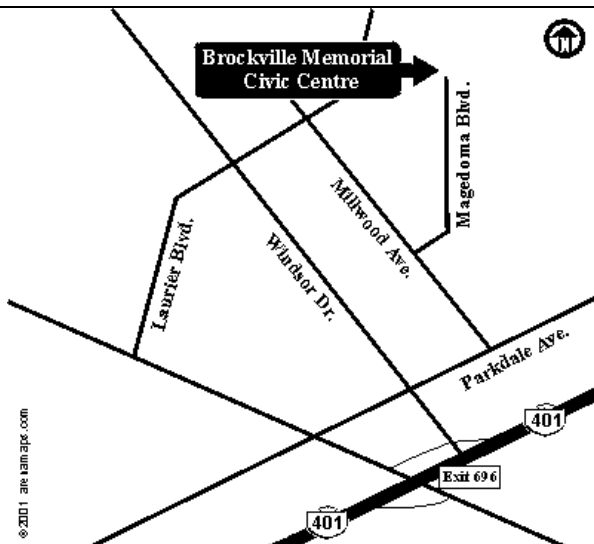
Entry Deadline: February 1, 2012 10:00 pm
LATE ENTRIES WILL NOT BE ACCEPTED. SCRATCHES MUST BE RECEIVED AND CONFIRMED BY 6:00 PM ON FRIDAY FEBRUARY 10, 2012

Entries Via: **Email to Dennis Vogt at dennis@vogt.ca**
Entries must be submitted on OSSA Club Entry Spreadsheet

For more meet information contact: Barb LeBlanc, 613-283-0067 , bleblanc@sl.on.ca

Accommodation: **Days Inn, 160 Stewart Blvd, Brockville at exit 696.**
\$89.99+tx/night includes breakfast

Health Cards: Please be sure that all skaters travel with a copy of their health card number as it may be required in case of an emergency.





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ENTRY FORM

Name: _____ Club: _____

Address: _____ Phone: _____

City: _____ Province: _____ Postal Code: _____

Date of Birth _____ Age Class: _____ Gender: Female Male
mm/dd/yy

Juv and Up: _____ Pee wee – Midget: _____ Helmet #: _____

500m Time: _____ 333m Time: _____

MANDATORY EQUIPMENT:

In accordance with Speed Skating Canada regulation D3-100, all competitors must wear hard shell helmets, bib-style neck protectors, even if you are wearing a Kevlar suit, cut and water resistant gloves or mitts, knee pads, shin guards and long sleeve clothing for this competition. The back corner of skate blades must be rounded off and **Shatter-resistant protective sport glasses (clear or yellow) or a complete visor. Glasses must be held on by an elastic strap**

WAIVER

In consideration of your accepting this entry, I hereby for myself, my heirs, my executors, administrators and assigns waive and release any and all rights and claims for damages I may have against Speed Skating Canada, The Ontario Speed Skating Association, the St. Lawrence Speed Skating Club, the City of Brockville, their agents, officers, or members for any and all injuries suffered by me at the said contest to be held on February 11, 2012 at Brockville Memorial Centre, Ontario. I understand that the activity I will be participating in has inherent risks.

In witness whereof, I have hereunto set my hand and seal, this _____ day of _____ 20 _____
(day) (month) (yr)

 Signature of participant

 Signature of parent or guardian
 (if participant under 18)

ENTRY DEADLINE: _____ February 1, 2012 10 pm